

# SUZI MOORE TRAINING

Trauma and Sexual Abuse Recovery

Suzimooretraining.co.uk



## **1 day course - Safeguarding and supporting children and young people affected by Intra-familial Child Sexual Abuse**

### **Course aims**

This course is for anyone who works with Children and Families who would benefit from being able to recognise, assess / refer and support children who are or are suspected of suffering from child sexual abuse which takes place in the family home. This course includes discussion around sibling abuse as well as looking at the impact of the abuse on all members of the family

### **Who is this course for?**

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### **Course methods**

This course is a mixture of practical and theoretical learning. A mixed method of learning will be applied, such as the use of case study, self-reflection, videos, and small and large group work. This course is informed by the lived experiences of children and adults who have experienced childhood sexual abuse.

For the virtual learning option there will also be the use of pre-recorded videos. Participants will watch and listen to 4 videos periodically throughout the day, which are accompanied by live seminars where the learning is discussed and applied through group work.

### **Course Learning objectives**

- To have an understanding of the typology and prevalence of intra-familial child sexual abuse, including sibling abuse
- Have considered how attitudes and beliefs around sexual development can have an influence on our ability to safeguard
- Have an overview of the legal and statutory guidance as well as local protocols in relation to child sexual abuse.
- Have learnt to recognise the indicators of CSA including behavioural and physical markers

- Have considered the impact of this type of abuse on children, siblings, and parents and the application of the trauma recovery model in the way that we offer support
- Have an awareness of good practice and relevant agencies who can offer support and interventions around for children and families

*This course can be delivered face to face or virtually and can be tailored to the specific needs of the organisation*

*Course costs £600 if delivered virtually, for face to face training there will be the addition of expenses for travel.*

*Maximum number of participants per course: 25*

### **About the trainer**

*Suzi Moore is a Yoga teacher and Breath-Body-Mind teacher who has over 20 years experience of working in Social Care and Health in the sexual abuse and substance misuse field. She started her career as a youth drugs and alcohol worker and moved into the sexual abuse field working with adolescents who were being exploited and women who were working and or being exploited in the sex industry. Suzi has been an independent trainer for over 8 years now and has an academic background in Psychology, Addiction, Counselling skills and Teaching. Suzi has personal experience of childhood trauma as well as vicarious trauma through her work. Suzi came to yoga and Breath-Body-Mind practices as a way to self-regulate and has found them to be invaluable in keeping her feeling grounded and happy.*

*For further information go to:*

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